

FLORIDA YOUTH SOCCER ASSOCIATION RETURN TO PLAY GUIDELINES



**FLORIDA
YOUTH
SOCCER
ASSOCIATION**

Content Disclaimer

The COVID-19 (Coronavirus) outbreak is an ongoing, rapidly developing situation. FYSA encourages its members to monitor publicly available information and to always follow federal, state and local health organization guidance and government mandates. This information is intended to assist FYSA members with aforementioned guidance when dealing with return to play guidelines related to COVID-19.

The information provided herein is obtained from publicly available sources, including federal agencies and governmental entities, member companies, other leading trade associations and consultants. This information may vary and will be updated depending upon current situations. Further, the information contained is provided for general informational purposes only, and should not be construed as legal advice on any subject matter.

Members,

This document serves as the Florida Youth Soccer Association's (FYSA) guidelines and recommendations towards return to play. It is strongly advised by FYSA to follow this guidelines and recommendations.

Implementing the FYSA Return to Play Guidelines will require a coordinated effort between our clubs, coaches, parents, and players. This document was created based on federal, state and local directives.

FYSA remains dedicated to the commitment that the health & safety of the soccer community is our primary concern. Should additional guidelines or recommendations be necessary, we will update the our members in a timely manner.

Sincerely,

The FYSA Board of Directors & Staff

First Two Weeks - Guidelines

Public health authorities allow small group activities. This applies to athletes, coaches, staff & parents. In order to return to the field;

- Only practices, training, and tryouts can occur during the first two weeks of phase three.
- No signs or symptoms of COVID-19 in the past 14 days. If a person has had a documented case of the COVID-19 infection, a doctor's note is needed to clear to participate in training sessions
- Live in the community where the training has occurred and has not traveled for 14 days prior to the start of training
- Maintain normal temperature readings; temperature checks should be conducted by players and their families prior to attending any training
- Coaches & staff should ask each athlete if they are experiencing any signs or symptoms of COVID-19. If the athlete shows any signs or symptoms of infection, they should be sent home and contact a healthcare provider
- Infection prevention supplies should be present & utilized (hand sanitizer, facial tissues, facial coverings, hand wash stations, etc.)

- Small group training sessions should take place outside in an area where social distancing can be maintained. Groups should be 10 people or less
- All soccer activities (practices & training) should be staggered/spaced out to limit interactions between other athletes (Minimum 15 minutes)
- Athletes and coaches should use their own equipment and properly sanitize all equipment after every training session. Do not share or touch other participants equipment
- Coaching can occur onsite, but coaches must maintain social distancing from all athletes
- All coaching and spectators are recommend to wear a mask during any field sessions
- No physical contact between players is permitted
- Spectators (non-players and coaches) are highly recommend to not be onsite for any training or practices

After Two Weeks - Guidelines

- Normal on field soccer activities can resume
- Leagues & tournaments can occur
- No signs or symptoms of COVID-19 in the past 14 days. If a person has had a documented case of the COVID-19 infection, a doctor's note is needed to clear to participate in training sessions
- All participants should continue to self-monitor for COVID-19 symptoms. Continue prevention measures and sanitizing all equipment
- All soccer activities (practices, tryouts, games, etc.) should continue to stagger/space out events to limit interactions between athletes (Minimum 15 minutes)
- Spectators (non-players and coaches) should continue adhere to all social distancing measures
- Athletes, coaches, & referees may return to the field
- Athletes and participants should use their own equipment and properly sanitize all equipment after every training session. Do not share or touch other participants equipment

Roles & Responsibilities

Club



- Distribute and post Return to Play Protocols.
- Be sensitive and accommodating to parents that may be uncomfortable with returning to play.
- Train and educate all staff on Return to Play Protocols.
- Provide adequate field space for social distancing.
- Ensure appropriate was receptacles at fields.

Coach



- Follow all Return to Play Protocols.
- Inquire how athletes are feeling. If they are not feeling well, send them home.
- Ensure all athletes have their individual equipment (ball, water, shin guards, etc.).
- Coach is the only person to place/pickup/touch cones, discs, or training equipment.
- Ensure drills/exercises provide for adequate social distancing.
- Ensure that training vests/pinnies are disinfected after each use.
- Respect players, parents, and families by accommodating those that may not yet be comfortable with returning.
- Gloves and masks are recommended for coaches.

Player



- If you are not comfortable with returning to play, DON'T.
- Adhere to all Return to Play Protocols.
- Wash hands thoroughly before and after training.
- Wash & sanitize training equipment after every training.
- Do not share water, food, or equipment.
- Respect and practice social distancing.
- Place equipment, bags, etc. at least 6 feet apart.
- No high fives, handshakes, knuckles, or group celebrations.
- Gloves and masks are allowed for players but are not required

Parent



- If you are not comfortable with returning to play, DON'T. You are the only one who will make the decision when your child returns to play.
- Check child's temperature before coming to any training session.
- Ensure child's clothing is washed after every training session.
- Ensure all equipment are sanitized before and after every training.
- Notify club/coach immediately if your child becomes ill for any reason.
- Supply your child with individual sanitizer and plenty of water.
- Adhere to social distancing guidelines.
- Gloves and masks are recommended for parents.

COVID-19 Prevention Recommendations from the CDC

COVID
CORONAVIRUS
DISEASE 19

STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



For more information: www.cdc.gov/COVID19